Welcome to the Journeys
Girls now have three series of National Leadership Journeys to choose from!

It's Your World – Change It!
It's Your Planet – Love It!
It's Your Story – Tell It

It’s Your World – Change It

aMAZE: The Twists and Turns of Getting Along
Life is a maze of relationships and this journey has Girl Scout Cadettes maneuvering through all its twists and turns to find true friendships, plenty of confidence, and maybe even peace. The adult guide offers tips for talking about relationship issues with girls, and pointers for understanding Cadettes' development and creating a safe, welcoming space.

Journey Awards
As girls twist and turn through aMAZE, they gain tips and strategies for creating healthy relationships and long-lasting friendships. Ultimately, girls emerge from this maze to amaze the world with Take Action Projects that mobilize even wider circles of people in positive and peaceful interactions. The goal is to increase the peace – one interaction at a time.

- **The Interact Award** signifies that girls can advance peace in the world around them—one interaction at a time. To earn it, girls must complete three of the nine Interact Challenges—though they can do as many challenges as they like! These challenges invite the Cadettes to try small—and positive—new ways of interacting in their daily lives.

- **The Diplomat Award** focuses on how a diplomat "possesses skill or tact in dealing with others." To earn the award, Cadettes demonstrate that they can use something they have learned about relationships to design and implement a project that benefits others.

- **The Peacemaker Award** invites girls to collect relationship "tools" they can use and pass on to others along the journey. The girls earn the Peacemaker Award at the end of the journey by reviewing all the tools they've collected and making a commitment about how they will continue using them throughout their lives.

Cadettes can take a leadership role with Brownies

LiA (Leader in Action) Award
Girl Scout Cadettes have an opportunity to put their skills to work assisting Girl Scout Brownies on their Quest. Brownies (and their volunteers!) will appreciate having Cadettes along on the journey, and Cadettes will benefit from having the opportunity to have a position of responsibility. The steps for Cadettes to earn the LiA are in the Adult Guide for "Brownie Quest."
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Breathe
Cadettes engage all five senses as they clear the air—their own and Earth's. Girls learn to assess air quality inside and out, getting an aerial view of everything from cigarette smoking to noise in the air to deforestation. Along the way, they try some scientific experiments (that could even double as magic tricks to share with Brownies). As they enjoy creating some "breathing room" in their lives, Cadettes may also find a new flair, think about "Hair," and perhaps even try making an éclair. After becoming more Aware, the girls go on to Alert others to act for air, and then Affirm their impact on Earth, as they add these three uplifting leadership awards to their collection of Girl Scout honors.

Journey Awards
Along this journey, Cadettes have the opportunity to earn three leadership awards that engage them in improving the world's air quality while also supporting and nourishing their own abilities as leaders who are aware, alert, and able to affirm all they do.

Aware
- Identify two experts who can guide you to greater air awareness.
- Increase your AWAREness about the issues that impact Earth's air.
- Decide the most important, personal reason you care about Earth's air.
- With your Cadette team, choose an air issue to act on together.

Alert
- Decide whom to educate and inspire—this is your Air Care Team (ACT)!
- Decide what you will ask your Air Care Team to do.
- Educate and inspire! Give your ACT its call to action.

Affirm
- Gather proof of progress or improvement through your efforts to educate and inspire.
- Share the impact with your ACT and maybe even go further.
- Get with your Cadette team and reflect on your efforts and their impact.
- Affirm your commitment to strive to be an heir apparent of air and all of Planet Earth's elements.

Cadettes can take a leadership role with Brownies
LiA (Leader in Action) Award
In the It's Your Planet—Love It series of leadership journeys, Cadettes have air and Brownies have water. Think of the power of bringing these two grade levels and all their Girl Scout power together! That's what the LiA (Leader in Action) Award is all about. The LiA encourages Cadettes to be key assistants on a Brownie team's WOW! Wonders of Water journey. All the steps to the award are in the Cadette LiA letter found in the Adult Guide for both the Cadette and Brownie journey.
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Media
Cadettes look for the ME in media and learn how they can shape media—for themselves, their community and the world.

Stories are told everywhere and in all kinds of formats – in movies by big Hollywood studios, online by bloggers and through social networks, through the clothes chosen by stylists for a fashion spread in a magazine, through the photos chosen by a newspaper editor. Media helps girls think about who is responsible for telling all the stories they see around them and how they can use their story to help "re-make" the forms of media they see around them.

Journey Awards
In this journey, creative and crafty projects come with deeper meaning. It’s all about point of view and the Cadettes’ understanding that they and others have their own unique points of view – with respect to media and everything in life – that are truly worth sharing with the world.

- Monitor Award - Cadettes have taken stock of media in their world and the influence it has. They complete activities that get them to hone in on the role media plays in their lives and the lives of those around them.

- Influence Award - Cadettes understand the importance of having media reflect the realities of their world. They team up on a Media Remake Project to make media that better represents their reality.

- Cultivate Award - Cadettes have made a personal commitment to cultivate a new perspective on media. They challenge themselves to make a positive change in the way they use media in their lives – a change that they Cultivate so it grows into full-fledged inspiration for others.

Cadettes can take a leadership role with Brownies
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