**SESSION 1**

**101 PORCH PALS - FARM**  
*Workshop Leader: Lee Nave*  
Make a whimsical Porch Pal Lamb or Pig. An adorable animal made from a concrete patio paver. Porch Pals are easy-to-paint characters who enjoy making themselves right at home on your porch, around your yard and, if you let them, inside your house. Painted with acrylic paints, they are inexpensive projects with a lot of charm. No prior painting experience needed!

**102 DUCKTIVITIES**  
*Workshop Leader: Jena Logan*  
Duck Tape crafting can be a lot of fun! Using various Duck Tape colors, you will learn how to create your own Duck Tape Tote Bag.

**103 LIFE BEYOND JUNIORS**  
*Workshop Leader: Karen Alfson*  
What’s the older girl program like? How do I survive working with a troop of teenagers? Come get a jump start by exploring the Cadette program with a variety of activities.

**104 RISING UP FROM COALS – Part 1**  
*Workshop Leader: Mary Kay Stolting*  
Cooking with coals at camp is an adventure to remember and savor. Learn to cook with coals using pie plates, sticks, cans, boxes and Dutch ovens. Come with an appetite and be ready to be “Betty Crocker” of the camp kitchen! This class is two sessions – #104 and #204.

**105 A FROGGIN’ WE WILL GO**  
*Workshop Leader: Holly Derington*  
Recycle and have fun too – Junior and older age levels. Please bring your own kitchen shears or utility shears and clean garden gloves. Good attitude a must! No warts! Will travel!! Come and find out what Holly has planned for you.

**106 THREE CHEERS FOR DAISIES**  
*Workshop Leader: Sheila Otteson*  
Jump into “Journeys.” We’ll explore the Three Cheers For Animals Journey and Awards that Daisy Girl Scouts can earn. You will be surprised just how easy and creative these Journeys are! Sheila has the “answers” to questions and loads of ideas so “pack that suitcase” and enjoy your Journey!
**SESSION 2**

**201 CEREMONIES**
*Workshop Leaders: Karen Alfson*
Use your imagination to create these magic moments in Girl Scouting. We'll include investiture, rededication, award presentations and Scouts’ Own. Karen will share the tradition of candle lighting and other activities that make these times memorable for girls.

**202 BRONZE AWARD**
*Workshop Leader: Michelle Loyd*
Are your girls in 4th & 5th grade? The Bronze award is for them! Join Michelle to learn the requirements and how to help your girls earn the highest award for their age level.

**203 SENIORS - SOW WHAT NOW?**
*Workshop Leader: Sheila Otteson*
Jump into “Journeys”. We’ll explore the Sow What Journey and Awards that Seniors (9th - 10th grade) can earn. You will be surprised just how easy and creative these Journeys are! Sheila has the “answers” to questions and loads of ideas, so “pack that suitcase” and enjoy your Journey!

**204 RISING UP FROM COALS – Part 2**
*Workshop Leader: Mary Kay Stolting*
Cooking with coals at camp is an adventure to remember and savor. Learn to cook with coals using pie plates, sticks, cans, boxes and Dutch ovens. Come with an appetite and be ready to be “Betty Crocker” of the camp kitchen! This class is two sessions – #104 and #204.

**205 PORCH PALS – MONKEY**
*Workshop Leader: Lee Nave*
Make a whimsical Porch Pal Monkey. An adorable monkey made from a concrete patio paver. Porch Pals are easy-to-paint characters who enjoy making themselves right at home on your porch, around your yard and, if you let them, inside your house. Painted with acrylic paints, they are inexpensive projects with a lot of charm. No prior painting experience needed!

**206 CUPcake DECORATING**
*Workshop Leader: Lynda Spray*
Let your girls use their creativity and eat what they make. Lynda will help you to conjure up fun cupcakes your girls can do for all occasions. The holidays are coming and homemade goodies add to the festivities of any party.

**207 I’VE BEEN TRAINED...NOW WHAT DO I DO?**
*Workshop Leader: Sheryl Graab*
Come and learn about “what comes next?” Participants will learn how to offer a well rounded troop experience, including:
- Planning with your troop
- Service projects
- Journeys and badges
- Special Girl Scout days
- Patch programs
- Cute crafts and boredom busters
**SESSION 3**

**301 PORCH PALS – PETS**  
*Workshop Leader: Lee Nave*  
Make a whimsical Porch Pal Dog or Cat. They are easy-to-paint patio paver characters who enjoy making themselves right at home on your porch, around your yard and, if you let them, inside your house. Painted with acrylic paints, they are inexpensive projects with a lot of charm. No prior painting experience needed!

**302 BOOK BINDING**  
*Workshop Leader: Lynn Speer*  
We’ll start with folding a single sheet of paper into an eight-page pamphlet. We’ll use "Making Books That Fly, Fold, Wrap, Hide, Pop Up, Twist, And Turn: Books for Kids to Make" by Gwen Diehn, "Making Mini Books: Big Ideas for 30+ Little Projects" by Kathleen McCafferty, and some of the ideas at the bookbinding part of craftstew.com. Participants will end up with several books and lots of techniques that can be used to make hand-crafted gifts, to share with others, and possibly enjoy as a life-long hobby.

**303 TRASH TO TREASURE ART/CANS**  
*Workshop Leader: Barbara Hilger*  
Recycling made fun, easy and creative. Come create art that you can do with your girls. You will be amazed what you can make from items you would normally throw away or place into the recycling bin. Snowman ornaments, Jack O’Lantern wall hangers, Easter Buckets, and so much more.

**304 FAIRIES EVERYWHERE**  
*Workshop Leader: Lynda Spray*  
Fairy houses, fairy food, fairy crafts, fairy games – Fairy Fun! Just imagine the creative and exciting time your girls can have creating their own fairy themed activities. Lynda might just help you “sprout” your very own “wings.”

**305 HARRY POTTER SCIENCE**  
*Workshop Leader: Holly Derington*  
Science and fun? Absolutely! With Harry Potter as your guide, science is amazing fun! Most science experiments appear “magical” so join us (no need to bring a wand) for a magical time and learn how you can add fun and fascinating science to your troop activities.

**306 SWAPS**  
*Workshop Leader: Karen Alfson*  
Swaps are handmade Girl Scout keepsakes exchanged with other girls – *Special Whatchamacallits Affectionately Pinned Somewhere.* Come learn the basics and make some simple swaps. We’ll discuss swap etiquette and cover the different types of supplies needed to make all kinds of swaps.

**307 CREATIVE SIT-UPONS**  
*Workshop Leader: Michelle Loyd*  
What can you do with an old pair of jeans? Make a unique sit-upon that is functional and fun. Girls will love these pillows that they can sit on at camp or meetings.

**308 VALENTINES FOR VETERANS**  
*Workshop Leader: Sheryl Graab*  
Come and learn how your troop can take part in the Valentines for Veterans project. Girls love to help others and this project lets them be creative while giving back. We will make Valentine Day cards that will be sent to a nearby VA hospital.
SESSION 4

401 TRASH TO TREASURE ART/GLASSWARE
Workshop Leader: Barbara Hilger
Recycling made fun, easy and creative. Come create art that you can do with your girls. You will be amazed what you can make items you would normally throw away or put into the recycling bin. Glass jar candle holders, decorated dinner ware, fabric decoupage and much more.

402 SING SOMETHING SIMPLE – GIRL SCOUT STYLE
Workshop Leader: Jacqui Engstrand
Singing the same old songs around the campfire? Want some new, lively songs to get the girls excited and learn new tunes to share with others while keeping Girl Scout traditions? Come along to learn and sing some songs you have never heard before but are sung by Girl Scouts and Girl Guides around the world. Get involved in creating new verses for songs that can be adapted to each different campfire you attend!

403 THINK OUTSIDE THE BOX
Workshop Leader: Lynn Speer
Build two easy woodworking projects that are appropriate for all ages, even Daisies with some extra help. All girls should learn how to use tools (hammers, screwdrivers, and tape measures); it’s a life skill. We will build a wooden tool box out of a fence board – everything is pre-cut and holes are pre-drilled. Project two, we will construct a portable planter using recycled food-grade cans and lumber, and plant herbs in each container.

404 COOKIE BOOTHING IDEAS
Workshop Leader: Sheryl Graab
Participants will learn new ways to have a successful booth sale. We’ll talk about themes, bundles, and even how to take your booth “on the road.”

405 TAKE ACTION
Workshop Leader: Michelle Loyd
What is a Take Action Project? Is it the same as Community Service? How do the girls choose one? There is a “Take Action” project in EVERY Journey Book! Learn how to successfully incorporate a Take Action Project into every Journey your girls work on regardless of age – Daisies to Ambassadors! Participants will discover the answers and get some great ideas!

406 SUPERHERO GIRLS
Workshop Leader: Bobbi Camacho
Being a Girl Scout is all about empowering young girls to bring out their inner Super Heroes. They can do anything they put their minds to. Learn how to teach your Troop to become their own Heroes. You will make Super Hero snacks, Super Hero crafts, Super Hero activities and stand up to Villains that are all around you. Most of all, let’s teach our girls to be their own type of Super Hero!